Miranda Yago

Street Address, City, State 55555 ~ 555-5555 ~ miranda.yago@gmail.com

Education UNIVERSITY

City, State

Bachelor of Science, Interdisciplinary Studies - Business and Economics, Year

Skills

 Certified CPR/AED – Adult/Child by The American Red Cross; Certified Strength and Conditioning Specialist by NSCA; Certified Personal Trainer by AAAI/ISMA; Member of the NSCA; Applications: Microsoft Office Professional, Microsoft Office X, Adobe (Photoshop, Illustrator) File Maker Pro, Lotus Notes; Operating Systems: Mac OS X, Windows (3.0 – XP);

Business Experience

COMPANY

City, State

Year - Year

Sales Assistant, Wealth Management

- Assisted Asset Management team and Vice President of Investments with management of client accounts worth over \$80 million in assets.
- Communicated daily with clients regarding account activity and transactions.
- Responsible for account openings, developing presentations, & preparation of financial data.
- Performed all other administrative and sales related tasks for financial advisors as needed.

Year - Year

Sales/Administrative Assistant, Group

- Checked trade activity, maintained transaction reports, and reconciled trade discrepancies.
- Managed 150+ client accounts containing over \$40 million in assets; assisted in trade transactions.
- Organized and maintained files including a database of over 500 prospective clients.
- · Conducted and prepared market research for Executive Director.

COMPANY, Marketing Services

City, State

2003-2005

Co-Founder, Director of Marketing

- Identified marketing initiatives; analyzed industry trends to stay in line with competition.
- Created media press kits, photo shoots, music videos; implemented marketing packages provided artist management and coordination of special events.

Athletic Experience

Year -Present

City, State

- Creating and implementing exercise programs for clients based on specific fitness and health goals.
- Performing fitness assessments; body composition, flexibility, cardio respiratory, and strength tests.
- Assisting clients and gym members with knowledge of weight loss, athletic performance, injury prevention, basic nutrition guidelines, and used of exercise equipment and machines.

Month Year -Month

Year

COMPANY City, State

Certified Personal Trainer

COMPANY

- Assisting gym members with instruction and demonstration of gym equipment to ensure safety and proper use; perform fitness assessments; addressing all questions and concerns of gym members; clean and maintain necessary upkeep of equipment and gym space.
- Design individualized workouts/programs for training sessions that focus on specific health goals such as weight loss, injury prevention, or athletic performance for gym members.

COMPANY - Girl's youth development & AAU basketball program City, State Co-Founder, Coach/ Athletic Trainer

Year -Present

- · Develop and implement leadership, mentoring & college prep program for female student athletes.
- · Coach and athletic trainer for AAU basketball team, emphasizing fundamental basketball training, sports performance, wellness, and nutrition.

Month - Month

2008 BOOT CAMP City, State

Fitness Instructor

- Assisted, lead and implemented month-long "boot camp" type fitness classes, incorporating nutritional guidelines with aerobic, resistance, and core development exercises.
- · Used high energy and a positive attitude to consistently motivate and inspire "boot campers" to attain their goals.

ACADEMY HIGH SCHOOL

Month-Month Assistant Coach for Girl's Basketball Team

Assisted Girl's Varsity Basketball team (PSAL-Division A)

COMPANY

Month-Month Girl's Basketball Coach, Coordinator

 Coach/ Trainer for boys and girls; coordinated team rosters for various summer leagues/tournaments; assisted in various administrative duties for basketball program